



# THE INDIAN KURASH ASSOCIATION (Regd.)

(RECOGNIZED MEMBER OF INTERNATIONAL KURASH ASSOCIATION)

RECOGNIZED BY OLYMPIC COUNCIL OF ASIA

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## CHIEF PATRON

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Ex. Minister of State for

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Ex. Commissioner of Police

## PRESIDENT

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Technical Director

International Kurash

Association

## GENERAL SECRETARY

**VIKRANT KUMAR**

3 Star Referee

International Kurash

Association

## SELECTION POLICY FOR ASIAN SENIOR, JUNIOR & CADET KURASH CHAMPIONSHIP 2025

**Approved by:** Special General Body Meeting of The Indian Kurash Association

**Date:** 23 March 2025

**Selection Mode:** Open Selection Trials

### 1. Objective

To ensure a transparent, fair, and merit-based selection of athletes for the Indian Kurash Team participating in the upcoming Asian Senior, Junior & Cadet Kurash Championship, The Indian Kurash Association will conduct open selection trials across all age and weight categories.

### 2. Eligibility Criteria

All participating athletes must fulfill the following conditions:

- **Citizenship:** Must be an Indian citizen with valid government-issued identification.
- **Passport Requirement:** Must possess a valid Indian passport with a minimum validity of 12 months from the date of selection.
- **Age & Weight Categories:**

**Seniors (Age: 17–35 years, Born 2008–1990)**

- **Men:** -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, -120kg, +120kg
- **Women:** -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, -87kg, +87kg
- **Match Duration:** Men – 4 minutes, Women – 3 minutes

### **Juniors (Age: 16–17 years, Born 2008–2009)**

- **Men:** 42kg, 46kg, 50kg, 55kg, 60kg, 65kg, 71kg, 77kg, 83kg, 90kg, +90kg
- **Women:** 36kg, 40kg, 44kg, 48kg, 52kg, 57kg, 63kg, 70kg, +70kg
- **Match Duration:** Men – 4 minutes, Women – 3 minutes

### **Cadets (Age: 14–15 years, Born 2010–2011)**

- **Men:** 38kg, 42kg, 46kg, 50kg, 55kg, 60kg, 65kg, 71kg, 77kg, 83kg, +83kg
  - **Women:** 33kg, 36kg, 40kg, 44kg, 48kg, 52kg, 57kg, 63kg, +63kg
  - **Match Duration:** Men – 3 minutes, Women – 2 minutes
  - **Prior Participation:**
    - A player will be eligible to participate in the selection trials only if they have participated at least once in a national or international Kurash event in the past.
  - **Health & Fitness:** Must be medically fit. A valid medical fitness certificate from a registered medical practitioner is mandatory.
  - **Discipline:** Must adhere to the code of conduct and ethics as laid down by The Indian Kurash Association.
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## **3. Selection Trials Format**

- **General Format:**
    - Knock-Out format will be used in weight categories with six (6) or more participants.
    - Round Robin format will be used in categories with less than six (6) participants. (As per Point 8 of Point No. 32 (Order of Holding the Competitions) of the International Kurash Association Rules, if there are five or less players in the draw, a round-robin system will take place, (where every one fights one another)
  - **Date & Venue:** To be officially notified by The Indian Kurash Association.
  - **Officiating:** Conducted by certified referees and technical officials appointed by the Association.
  - **Rules:** Matches will be governed strictly as per the International Kurash Association rules.
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#### 4. Videography

- **Videography of all matches is mandatory.**
  - The Indian Kurash Association will record all matches for **official review, transparency, and documentation purposes.**
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#### 5. Decision Review & Protests

- If a referee's decision is found incorrect during a match, it is the duty of the **Jury Member or Gilam Incharge** to correct the decision immediately.
  - If a **coach disagrees** with the decision, they must submit a formal **protest within 15 seconds**, along with a **protest fee of ₹500**.
  - If the protest is found to be valid after review, **the protest fee will be refunded.**
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#### 6. Final Selection

- **If the Sports Authority of India (SAI) provides financial assistance for organizing a training camp:**
  - A training camp will be organized for the first-place and second-place winners of the open selection trials, prior to the final date for submitting online entries for the Asian Championship.
  - The duration of the camp will be determined based on the online entry deadline.
  - On the final day of the camp, the final selection of players for the Indian team will be conducted.
  - In each weight and age category, the first-place winner will be selected to represent India at the Asian Championship, and the second-place winner will be selected as the reserve player for the respective category.
- **If the Sports Authority of India (SAI) does not provide financial assistance for organizing a training camp:**
  - In this case, during the open selection trials:
    - The first-place winner in each weight and age category will be selected to represent India at the Asian Championship.

- The second-place winner will be selected as the reserve player for the respective category.

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## 7. Additional Terms

- The Indian Kurash Association reserves the right to amend or cancel the trials due to unforeseen circumstances.
- All selected players (including reserves) must attend the national training camps organized prior to the Championship.
- Submission of false documents, misrepresentation, or breach of discipline will result in immediate disqualification.
- If any other situation arises that is not covered by this policy, it will be resolved by the majority decision of the selection committee.



Ravi Kapoor  
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The Indian Kurash Association



Vikrant Kumar  
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The Indian Kurash Association