



THE INDIAN KURASH ASSOCIATION (Regd.)

(RECOGNIZED MEMBER OF INTERNATIONAL KURASH ASSOCIATION)

RECOGNIZED BY OLYMPIC COUNCIL OF ASIA

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Association

GENERAL SECRETARY

VIKRANT KUMAR

3 Star Referee

International Kurash

Association

SELECTION POLICY FOR ASIAN SENIOR, JUNIOR & CADET KURASH CHAMPIONSHIP 2025

Approved by: Special General Body Meeting of The Indian Kurash Association

Date: 23 March 2025

Selection Mode: Open Selection Trials

1. Objective

To ensure a transparent, fair, and merit-based selection of athletes for the Indian Kurash Team participating in the upcoming Asian Senior, Junior & Cadet Kurash Championship, The Indian Kurash Association will conduct open selection trials across all age and weight categories.

2. Eligibility Criteria

All participating athletes must fulfill the following conditions:

- **Citizenship:** Must be an Indian citizen with valid government-issued identification.
- **Passport Requirement:** Must possess a valid Indian passport with a minimum validity of 12 months from the date of selection.
- **Age & Weight Categories:**

Seniors (Age: 17–35 years, Born 2008–1990)

- **Men:** -60kg, -66kg, -73kg, -81kg, -90kg, -100kg, -120kg, +120kg
- **Women:** -48kg, -52kg, -57kg, -63kg, -70kg, -78kg, -87kg, +87kg
- **Match Duration:** Men – 4 minutes, Women – 3 minutes

Juniors (Age: 16–17 years, Born 2008–2009)

- **Men:** 42kg, 46kg, 50kg, 55kg, 60kg, 65kg, 71kg, 77kg, 83kg, 90kg, +90kg
- **Women:** 36kg, 40kg, 44kg, 48kg, 52kg, 57kg, 63kg, 70kg, +70kg
- **Match Duration:** Men – 4 minutes, Women – 3 minutes

Cadets (Age: 14–15 years, Born 2010–2011)

- **Men:** 38kg, 42kg, 46kg, 50kg, 55kg, 60kg, 65kg, 71kg, 77kg, 83kg, +83kg
 - **Women:** 33kg, 36kg, 40kg, 44kg, 48kg, 52kg, 57kg, 63kg, +63kg
 - **Match Duration:** Men – 3 minutes, Women – 2 minutes
 - **Prior Participation:**
 - A player will be eligible to participate in the selection trials only if they have participated at least once in a national or international Kurash event in the past.
 - **Health & Fitness:** Must be medically fit. A valid medical fitness certificate from a registered medical practitioner is mandatory.
 - **Discipline:** Must adhere to the code of conduct and ethics as laid down by The Indian Kurash Association.
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3. Selection Trials Format

- **General Format:**
 - Knock-Out format will be used in weight categories with six (6) or more participants.
 - Round Robin format will be used in categories with fewer than six (6) participants.
 - **Date & Venue:** To be officially notified by The Indian Kurash Association.
 - **Officiating:** Conducted by certified referees and technical officials appointed by the Association.
 - **Rules:** Matches will be governed strictly as per the International Kurash Association rules.
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4. Videography

- **Videography of all matches is mandatory.**

- The Indian Kurash Association will record all matches for **official review, transparency, and documentation purposes.**
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5. Decision Review & Protests

- If a referee's decision is found incorrect during a match, it is the duty of the **Jury Member or Gilam Incharge** to correct the decision immediately.
 - If a **coach disagrees** with the decision, they must submit a formal **protest within 15 seconds**, along with a **protest fee of ₹500.**
 - If the protest is found to be valid after review, **the protest fee will be refunded.**
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6. Final Selection

- The First Position Holder in each weight and age category will be selected to represent India at the Championship.
 - The Second Position Holder will be selected as a reserve player for the respective category.
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7. Additional Terms

- The Indian Kurash Association reserves the right to amend or cancel the trials due to unforeseen circumstances.
- All selected players (including reserves) must attend the national training camps organized prior to the Championship.
- Submission of false documents, misrepresentation, or breach of discipline will result in immediate disqualification.
- If any other situation arises that is not covered by this policy, it will be resolved by the **majority decision of the selection committee.**



Ravi Kapoor
President
The Indian Kurash Association



Vikrant Kumar
General Secretary
The Indian Kurash Association